

Be Bold 4-Miler - 8/2/2014
Sponsored by Bold Rock Cidery
Nellysford, VA

OVERALL CHAMPIONS- 4-Mile Mile Run

Mazur, Ann	W28 Unattached	22:30.00
Sghiatti, Mark	M24 Unattached	22:41.00

11 & Under Results - Women 4-Mile Mile Run

1 Ikenberry, Helena	W11 Unattached	43:05.00
2 Thompson, Quinn	W9 Unattached	44:52.00

12-15 Results - Women 4-Mile Mile Run

1 Hunsberger, Kordelia	W13 Unattached	31:47.00
2 Smith, Laura	W14 Unattached	35:35.00
3 Mainelli, Marley	W12 Unattached	1:01:27.00

16-20 Results - Women 4-Mile Mile Run

1 Tegen, Madison	W17 Unattached	38:01.00
2 Slaughter, Kathryn	W20 Unattached	42:43.00

21-29 Results - Women 4-Mile Mile Run

1 Brown, Laura	W26 Unattached	28:27.00
2 Briglia, Halley	W29 Unattached	28:36.00
3 Kridler, Sabrina	W21 Unattached	29:25.00
4 Stoken, Olivia	W23 Unattached	29:55.00
5 Kirtley, Ambria	W29 Unattached	30:21.00
6 Thompson, Sara	W29 Unattached	30:51.00
7 Madigan, Kendall	W26 Unattached	31:00.00
8 Weicker, Melissa	W26 Unattached	31:08.00
9 Troutman, Sarah	W27 Unattached	31:08.00
10 Lehen, Anna	W29 Unattached	31:21.00
11 Wolf, Laura	W24 Unattached	31:27.00
12 Aduen, Paula	W25 Unattached	31:32.00
13 McClamroch, Julie	W24 Unattached	31:34.00
14 Falk, Emily	W25 Unattached	31:44.00
15 Zobell, Melanie	W25 Unattached	31:52.00
16 Kosmatka, Callie	W27 Unattached	32:08.00
17 Murphy, Kelly	W25 Unattached	32:30.00
18 Monson, Alexandra	W26 Unattached	33:56.00
19 Addison, Sarah	W26 Unattached	34:14.00
20 Holzman, Madison	W23 Unattached	34:21.00
21 Sydnor, Emily	W28 Unattached	35:17.00
22 Morris, Amy	W29 Unattached	35:44.00
23 Harrison, Brittany	W29 Unattached	36:15.00
24 Brumfield, Nichole	W26 Unattached	36:35.00
25 Alfano, Michelle	W26 Unattached	36:41.00
26 Neumann, Kelly	W29 Unattached	37:24.00
27 Short, Hannah	W29 Unattached	37:25.00
28 Mantri, Sneha	W29 Unattached	37:26.00
29 Delozier, Danae	W23 Unattached	38:57.00
30 Scott, Elizabeth	W27 Unattached	39:08.00
31 Plecker, Erin	W26 Unattached	40:41.00
32 Wright, Meghan	W25 Unattached	40:48.00
33 Mlellan, Lindsay	W26 Unattached	44:03.00
34 Nguyen, Christine	W25 Unattached	44:04.00
35 Ramsey, Summer	W24 Unattached	44:49.00
36 Leik, Emily	W25 Unattached	45:17.00
37 Cash, Karen	W28 Unattached	45:29.00
38 Cole, Tara	W29 Unattached	46:15.00
39 Sukovich, Kaitlyn	W21 Unattached	47:21.00
40 Brown, Susan	W29 Unattached	47:44.00
41 Green, Angela	W25 Unattached	49:36.00
42 Riffell, Nichole	W24 Unattached	49:46.00

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43	Gochenour, Ashley	W24	Unattached	53:18.00
44	Clark, Abigail	W22	Unattached	53:51.00
45	Irvine, Lindsay	W26	Unattached	56:41.00

30-39 Results - Women 4-Mile Mile Run

1	Negangard, Ashley	W33	Unattached	25:30.00
2	Kelly, Aaron	W34	Unattached	25:44.00
3	Baker, Moley	W32	Unattached	28:14.00
4	Sewack, Wendy Sue	W36	Unattached	29:35.00
5	Campbell, Amy	W39	Unattached	29:54.00
6	Blakey, Jamie	W32	Unattached	29:59.00
7	Depew, Victoria	W31	Unattached	30:55.00
8	Halston, Jennifer	W38	Unattached	31:51.00
9	Stafford, Yvette	W37	Unattached	32:17.00
10	Higgs, Melissa	W37	Unattached	32:38.00
11	Germani, Ginger	W39	Unattached	32:52.00
12	Axeen, Erika	W30	Unattached	34:26.00
13	Handy, Amy	W39	Unattached	34:33.00
14	Reeve, Amanda	W34	Unattached	34:47.00
15	Youngs, Laurie	W32	Unattached	35:29.00
16	Cash, Tiffany	W33	Unattached	35:34.00
17	Kullmann, Michelle	W32	Unattached	35:45.00
18	Jeffries, Virginia	W35	Unattached	36:28.00
19	Nolan, Ashley	W31	Unattached	36:39.00
20	Stinnett, Carla	W35	Unattached	37:45.00
21	Baggett, Sara	W33	Unattached	38:00.00
22	Mullenax, Heather	W32	Unattached	38:01.00
23	Liebhardt, Kirstin	W33	Unattached	39:50.00
24	Durlach, Dana	W38	Unattached	39:51.00
25	Hamlette, Amanda Louise	W35	Unattached	39:53.00
26	Liberace, Amy	W37	Unattached	40:06.00
27	Gardner, Kristin	W35	Unattached	40:07.00
28	Thomasson, Jennifer	W32	Unattached	41:20.00
29	Rehlen, Gibbs	W35	Unattached	42:12.00
30	Evans, Stacey	W32	Unattached	42:53.00
31	Rodriguez, Rayna	W38	Unattached	43:01.00
32	Councill, Cheryl	W31	Unattached	43:19.00
33	Weakley, Jessica	W36	Unattached	43:48.00
34	Leon, Cynthia	W32	Unattached	44:25.00
35	Ramsey, Heather	W35	Unattached	44:54.00
36	Hann, Kelly	W34	Unattached	45:26.00
37	Jones, Alexis	W31	Unattached	45:29.00
38	Hupp, Rachel	W34	Unattached	45:37.00
39	Gibson, Blair	W31	Unattached	46:16.00
40	Knick, Lindsey	W32	Unattached	47:37.00
41	Scafone, Jennifer	W31	Unattached	49:10.00
42	Nycum, Brandy	W33	Unattached	53:18.00
43	Sugden, Tracie	W39	Unattached	54:28.00
44	Newman, Misty	W36	Unattached	57:00.00
45	Cobbs, Melissa	W37	Unattached	1:03:52.00

40-49 Results - Women 4-Mile Mile Run

1	Alexander, Colleen	W40	Unattached	24:12.00
2	Connor, Leah	W43	Unattached	28:52.00
3	Smith, Donna	W45	Unattached	30:05.00
4	Sprouse, Allison	W42	Unattached	31:33.00
5	Edgerton, Cheryl	W42	Unattached	31:37.00
6	Mayhew, Melissa	W41	Unattached	33:30.00
7	Murphy, Kim	W43	Unattached	33:37.00
8	Rousseau, Donna	W45	Unattached	34:39.00
9	Hutcheson, Keri	W41	Unattached	34:57.00

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10	Sturm, Debbie	W48	Unattached	35:21.00
11	Herring, Sherry	W41	Unattached	35:44.00
12	Merritt, Lesley	W47	Unattached	36:53.00
13	Holm, Karen	W41	Unattached	37:48.00
14	McGrady, Michelle	W48	Unattached	38:42.00
15	Sanford, Kim	W44	Unattached	39:31.00
16	Kent, Julie-Ann	W49	Unattached	39:49.00
17	Lunceford, Christina	W43	Unattached	41:47.00
18	Preston, Symmonie	W42	Unattached	41:52.00
19	Burnette, Kelly	W45	Unattached	42:02.00
20	Imbrescia, Jackie	W43	Unattached	42:13.00
21	DeVries, Ginny	W43	Unattached	43:11.00
22	Arrington, Kimberly	W45	Unattached	44:18.00
23	Fuller, Andrea	W46	Unattached	45:14.00
24	Chesik, Danielle	W45	Unattached	45:36.00
25	Turner, Amy	W46	Unattached	46:36.00
26	Casteel, Iara	W44	Unattached	46:37.00
27	DePhillip, Audrey	W49	Unattached	46:41.00
28	Boone, Jules	W47	Unattached	48:18.00
29	Walter, Wendy	W42	Unattached	48:21.00
30	Bender, Sheri	W42	Unattached	50:34.00
31	Dykes, Terri	W47	Unattached	1:01:25.00
32	Jaggers, Marijean	W43	Unattached	1:16:06.00
50-59 Results - Women 4-Mile Mile Run				
1	Taylor, Robin	W51	Unattached	31:18.00
2	Jack, Kelly	W50	Unattached	43:34.00
3	Munn, Kristie	W51	Unattached	44:40.00
4	Verghis, Susan	W54	Unattached	45:39.00
60+ Results - Women 4-Mile Mile Run				
1	Durham, Toni	W61	Unattached	48:38.00
11 & Under Results - Men 4-Mile Mile Run				
1	Martin, Walker	M11	Unattached	30:42.00
2	Bernard, Iain	M9	Unattached	38:34.00
12-15 Results - Men 4-Mile Mile Run				
1	Vailes, Stuart	M13	Unattached	24:10.00
2	Hunsberger, Derrike	M15	Unattached	28:42.00
3	Turner, Benton	M13	Unattached	35:03.00
16-20 Results - Men 4-Mile Mile Run				
1	Armstrong, Blake	M20	Unattached	25:24.00
2	Yang, Ran	M20	Unattached	33:44.00
21-29 Results - Men 4-Mile Mile Run				
1	Morris, Keith	M27	Unattached	23:02.00
2	Combs, Ben	M27	Unattached	24:05.00
3	Mull, Cory	M29	Unattached	25:29.00
4	Saul, William	M26	Unattached	26:15.00
5	Coleman, Russ	M25	Unattached	31:32.00
6	Nyce, Zach	M27	Unattached	38:07.00
7	Schmiel, Jonathan	M28	Unattached	39:12.00
8	Brown, Kendall	M28	Unattached	40:35.00
9	Perrow, Steven	M23	Unattached	43:52.00
10	Madison, Christopher	M22	Unattached	45:27.00
11	Hughes, Jonathan	M23	Unattached	47:20.00
12	Jaggers, Aaron	M24	Unattached	1:03:21.00
30-39 Results - Men 4-Mile Mile Run				

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1	Wright, Patrick	M39	Unattached	26:47.00
2	Scafone, Robert	M32	Unattached	30:03.00
3	Harrison, Daniel	M31	Unattached	30:07.00
4	Axeen, Kyle	M31	Unattached	30:34.00
5	Martin, Anthony	M39	Unattached	30:43.00
6	Bender, Daryl	M38	Unattached	30:46.00
7	Reeve, Adam	M34	Unattached	32:37.00
8	Haught, Troy	M39	Unattached	34:03.00
9	Ramsey, Roger	M35	Unattached	34:18.00
10	Brumfield, Brandon	M31	Unattached	35:14.00
11	Thompson, Patrick	M34	Unattached	36:07.00
12	Bantz, Kyle	M31	Unattached	36:09.00
13	Nolan, Thomas	M38	Unattached	36:38.00
14	Morgan, Jack	M35	Unattached	37:08.00
15	Schnitzhofer, Jim	M35	Unattached	37:14.00
16	Higgs, Brent	M37	Unattached	38:37.00
17	Nettles, Frankie	M36	Unattached	40:01.00
18	Banks, Matthew	M39	Unattached	42:12.00
19	Edwards, Dennis, Jr.	M39	Unattached	42:45.00
20	Brown, Doug	M34	Unattached	47:43.00
40-49 Results - Men 4-Mile Mile Run				
1	Rogers, Kevin	M42	Unattached	30:30.00
2	Cummings, Andy	M48	Unattached	32:21.00
3	Matheny, Mark	M49	Unattached	40:23.00
4	Stefancic, Jeff	M41	Unattached	49:06.00
50-59 Results - Men 4-Mile Mile Run				
1	Garbee, Gratten	M51	Unattached	27:31.00
2	Combs, Steve	M54	Unattached	28:32.00
3	Tegen, John	M52	Unattached	29:19.00
4	Shaw, Roscoe	M53	Unattached	29:47.00
5	Johnson, Keith	M52	Unattached	30:31.00
6	Stoll, J.	M51	Unattached	31:26.00
7	Gould, Christopher	M59	Unattached	33:24.00
8	Via, Charles	M51	Unattached	39:40.00
9	Lunceford, Don	M51	Unattached	41:48.00
10	Hupp, Rische	M59	Unattached	45:37.00
60+ Results - Men 4-Mile Mile Run				
1	Lopez, Felix	M61	Unattached	27:13.00
2	Watkins, Bill	M66	Unattached	31:19.00
3	Wilkinson, Tom	M63	Unattached	39:23.00
4	Ryan, Jim	M66	Unattached	42:17.00