

Autumn Toast 5K - 9/26/2014
Barren Ridge Vineyard
Fishersville, VA

Complete Age Division Results

OVERALL CHAMPIONS:

MEN:	Dubovsky, Michael	M29 Unattached	18:12.00
WOMEN:	Hunsberger, Kordelia	W13 Unattached	23:00.00

11 & Under Results - Women 5000 Run

1	Wood, Leah	W10 Unattached	24:35.00
2	Park, Sophia	W10 Unattached	26:09.00
3	Morrell, Natalie	W8 Unattached	31:31.00
4	Fletcher, Makayla	W10 Unattached	38:05.00

12-15 Results - Women 5000 Run

1	Darden, Hayley	W13 Unattached	25:00.00
2	Nicholas, Emma	W15 Unattached	27:28.00
3	Smith, Laura	W14 Unattached	31:38.00

16-20 Results - Women 5000 Run

1	MacDowell, Shannon	W19 Unattached	26:18.00
2	Ouellette, Erin	W20 Unattached	29:59.00
3	Orlowsky, Rachel	W19 Unattached	30:50.00

21-29 Results - Women 5000 Run

1	Lehnen, Anna	W29 Unattached	24:59.00
2	Leon, Amanda	W24 Unattached	25:27.00
3	Boucher, Chantal	W29 Unattached	26:56.00
4	Milchling, Anne	W22 Unattached	27:23.00
5	Verghis, Rachel	W25 Unattached	27:27.00
6	Schieber, Natalie	W21 Unattached	27:34.00
7	Schaefer, Ashley	W26 Unattached	28:17.00
8	Haslett, Kiah	W25 Unattached	29:02.00
9	Lehr, Helene	W22 Unattached	30:05.00
10	Blosser, Jenny	W24 Unattached	30:49.00
11	Bigman, Hillary	W23 Unattached	30:55.00
12	Kuelz, Amber	W27 Unattached	30:56.00
13	Weil, Taryn	W28 Unattached	31:01.00
14	Rilliard, Marylise	W24 Unattached	31:12.00
15	Neumann, Kelly	W29 Unattached	31:15.00
16	Krzastek, Hannah	W26 Unattached	31:16.00
17	Fromentin, Julie	W21 Unattached	31:32.00
18	Feeney, Dierdre	W28 Unattached	31:35.00
19	Runde, Holly	W24 Unattached	31:52.00
20	Shannon, Casey	W23 Unattached	31:59.00
21	Perry, Laura	W28 Unattached	32:34.00
22	Linnen, Maria	W23 Unattached	32:40.00
23	Kaler, Jasleen	W23 Unattached	32:46.00
24	Caticha, Alicia	W24 Unattached	32:49.00
25	Doe, Elizabeth	W24 Unattached	32:50.00
26	Guarnieri, Carol	W27 Unattached	32:50.00
27	Kennedy, Chelsea	W27 Unattached	33:07.00
28	Ouellette, Kaitlyn	W23 Unattached	33:25.00
29	Updike, Marian	W29 Unattached	33:55.00
30	McInteer, Kelly	W29 Unattached	33:56.00
31	Craddock, Meaghan	W29 Unattached	34:03.00
32	Gifford, Katie	W27 Unattached	34:04.00
33	Southard, Molly	W24 Unattached	34:04.00

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34	Kramer, Michelle	W26	Unattached	34:06.00
35	Wright, Meghan	W25	Unattached	34:07.00
36	Simmons, Lindsey	W25	Unattached	35:14.00
37	Roberts, Erin	W26	Unattached	35:14.00
38	Carpenter, Melissa	W21	Unattached	35:15.00
39	Lewellyn, Anne	W26	Unattached	36:32.00
40	Franzen, Elizabeth	W24	Unattached	36:35.00
41	Truong, Vanessa	W24	Unattached	36:47.00
42	Cash, Karen	W28	Unattached	38:00.00
43	DiFlorio, Sarah	W25	Unattached	38:03.00
44	Church, Erica	W29	Unattached	38:23.00
45	Weaver, Sarah	W26	Unattached	38:53.00
46	Keller, Jacqueline	W29	Unattached	38:53.00
47	Mutimer, Cynthia	W25	Unattached	41:48.00
48	Korshin, Britni	W22	Unattached	44:22.00
49	Setzer, Callie	W22	Unattached	44:22.00
50	Payne, Kayla	W24	Unattached	44:24.00
51	Bowman, Kristina	W25	Unattached	46:55.00
52	Ellis, Jennifer	W24	Unattached	46:56.00
53	Rosen, Nicole	W28	Unattached	51:19.00
54	Spindle, Lauren	W27	Unattached	51:23.00

30-39 Results - Women 5000 Run

1	Ralston, Stacy	W39	Unattached	24:04.00
2	Hansen, Sommer	W36	Unattached	26:50.00
3	Stafford, Yvette	W37	Unattached	26:54.00
4	Durland, Mary	W30	Unattached	26:59.00
5	Frizzelle, Lorna	W33	Unattached	27:57.00
6	Morris, Carla	W30	Unattached	28:11.00
7	Bott, Kathryn	W39	Unattached	29:26.00
8	Ikenberry, Katie	W34	Unattached	29:28.00
9	Lotts, Shara	W34	Unattached	29:32.00
10	Meriam, Jennifer	W30	Unattached	29:51.00
11	Mullenax, Heather	W32	Unattached	30:46.00
12	Dinger, Erin	W32	Unattached	30:47.00
13	Copora, Heather	W33	Unattached	30:58.00
14	Edsall, Laurie	W39	Unattached	31:59.00
15	Gray, Emily	W39	Unattached	32:37.00
16	Starcher, Bonnie	W35	Unattached	33:10.00
17	Allen, Mary	W30	Unattached	33:29.00
18	Kurbel, Jennifer	W31	Unattached	33:48.00
19	Berry, Angela	W37	Unattached	33:52.00
20	Clark, Meghan	W32	Unattached	33:55.00
21	Voss, Elizabeth	W30	Unattached	34:01.00
22	Hupp, Rachel	W34	Unattached	34:06.00
23	Yancey, Devon	W34	Unattached	34:29.00
24	Krzastek, Jennifer	W39	Unattached	34:30.00
25	Leavitt, Anna	W39	Unattached	34:57.00
26	Cofer, Whitney	W35	Unattached	36:14.00
27	Stevens, Erica	W39	Unattached	37:11.00
28	Greeney, Elizabeth	W34	Unattached	37:57.00
29	Swanson, Kristin	W32	Unattached	37:58.00
30	Porter, Megan	W35	Unattached	37:58.00
31	Halbohn, Kim	W32	Unattached	38:07.00
32	McKellop, Sara	W35	Unattached	39:34.00
33	Rader, Stacey	W30	Unattached	39:47.00
34	Joyner, Rebecca	W31	Unattached	40:15.00
35	McCleery, Meghan	W39	Unattached	40:17.00
36	Smith, Amanda	W32	Unattached	40:18.00
37	Wampler, Jennifer	W31	Unattached	40:48.00

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38	Raybin, Jennifer	W31	Unattached	40:49.00
39	Critzer, Misty	W38	Unattached	40:51.00
40	Charback, Jenny	W36	Unattached	40:53.00
41	King, Veronica	W39	Unattached	42:12.00
42	Aigner, Beth	W36	Unattached	45:06.00
43	Early, Christine	W36	Unattached	45:08.00
44	Hopewell, Lindsey	W30	Unattached	45:20.00
45	Parlier, Sonya	W37	Unattached	46:48.00
46	Deering, Holly	W34	Unattached	48:40.00
47	Williams, Laura	W37	Unattached	50:36.00
48	Newman, Misty	W36	Unattached	50:36.00

40-49 Results - Women 5000 Run

1	Stoops, Tamara	W43	Unattached	23:20.00
2	Smith, Donna	W45	Unattached	24:31.00
3	Edwards, Robin	W45	Unattached	26:17.00
4	Edgerton, Cheryl	W42	Unattached	26:47.00
5	Merritt, Lesley	W47	Unattached	29:38.00
6	Wills, Mary	W47	Unattached	29:42.00
7	Sturm, Debbie	W48	Unattached	29:44.00
8	Thelk, Amy	W44	Unattached	30:53.00
9	Casteel, Lara	W44	Unattached	31:08.00
10	Harrison, Gwynn	W42	Unattached	31:11.00
11	Svarfvar, Kajsa	W47	Unattached	31:41.00
12	Hill, Kate	W45	Unattached	31:42.00
13	Wenzel, Amy	W44	Unattached	32:18.00
14	Denzler Trace, Dawn	W48	Unattached	32:18.00
15	Hebron, Virginia	W42	Unattached	32:22.00
16	Morrell, Cresse	W46	Unattached	32:48.00
17	DeVries, Ginny	W43	Unattached	32:56.00
18	Sites, Pat	W45	Unattached	33:09.00
19	Stone, Rosy	W44	Unattached	33:34.00
20	Pitts, Caitlin	W41	Unattached	33:45.00
21	Fletcher, Alice	W45	Unattached	34:20.00
22	Liles, Elizabeth	W49	Unattached	34:38.00
23	Preston, Symmonie	W42	Unattached	34:49.00
24	Lunceford, Christina	W43	Unattached	35:21.00
25	Ballew, Cathy	W47	Unattached	35:27.00
26	Carter, Tracy	W43	Unattached	35:52.00
27	Cleveland, Janet	W46	Unattached	36:18.00
28	Brown, Kathleen	W48	Unattached	36:48.00
29	Swingle-Titus, Colleen	W49	Unattached	37:24.00
30	Johnson, Rebecca	W49	Unattached	37:28.00
31	Hunsberger, Kim	W40	Unattached	37:31.00
32	Powers, Liberty	W40	Unattached	37:56.00
33	Chesik, Danielle	W45	Unattached	38:06.00
34	Bryant, Lisa	W42	Unattached	39:46.00
35	Heinrich, Pam	W43	Unattached	40:17.00
36	Kinnison, Kathy	W43	Unattached	40:25.00
37	Bender, Sheri	W42	Unattached	40:41.00
38	Kelly, Christine	W48	Unattached	40:48.00
39	Meek, Denise W.	W44	Unattached	41:26.00
40	Pack, Shana	W42	Unattached	41:43.00
41	Via, Ginger	W42	Unattached	41:54.00
42	Walter, Wendy	W41	Unattached	49:56.00
43	Imbrescia, Jackie	W43	Unattached	49:57.00
44	Norris, Sarah	W42	Unattached	54:23.00

50-59 Results - Women 5000 Run

1	Bertola, Thea	W58	Unattached	27:58.00
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2 Hoover, Susan	W52 Unattached	29:07.00
3 Krzastek, Sue	W58 Unattached	29:29.00
4 Morris, Vanessa	W56 Unattached	31:14.00
5 Jablonski, Brenda	W57 Unattached	31:29.00
6 Lamb, Lisa	W52 Unattached	32:13.00
7 McIntyre, Nancy	W54 Unattached	32:14.00
8 Landes, Sally	W55 Unattached	33:24.00
9 Herndon, Susan	W58 Unattached	33:58.00
10 Brown, Debbie	W59 Unattached	34:05.00
11 Daggett, Rebecah	W53 Unattached	36:12.00
12 Howell, Gloria	W59 Unattached	38:04.00
13 Winslow, Deana	W58 Unattached	38:16.00
14 Marsh, Margaret	W58 Unattached	39:14.00
15 Lynch, Carmen	W51 Unattached	39:42.00
16 Verghis, Susan	W54 Unattached	39:48.00
17 Southard, Cynthia	W57 Unattached	40:08.00
18 Winfield, Clara	W52 Unattached	41:21.00
19 McDaniel, Cathy	W56 Unattached	41:21.00
20 Edsall, Teresa	W50 Unattached	43:24.00
21 Melampy, Julie	W56 Unattached	43:43.00
22 Bell, Lynn	W52 Unattached	44:37.00
23 Reed, Debra	W54 Unattached	48:38.00
24 Langford, Lisa	W55 Unattached	51:27.00
60+ Results - Women 5000 Run		
1 Smith, Cindy	W61 Unattached	27:54.00
2 Domin, Terry	W61 Unattached	33:50.00
3 Budd, Ginny	W63 Unattached	34:18.00
4 Fortineux, Judy	W60 Unattached	36:24.00
5 Horne, Heide	W66 Unattached	41:59.00
6 Newton, Linda	W67 Unattached	43:17.00
7 Apperson, Arlene	W62 Unattached	48:38.00
8 McDonagh, Kay	W65 Unattached	53:46.00
11 & Under Results - Men 5000 Run		
1 Frizzelle, Jake	M8 Unattached	28:02.00
2 Gray, Owen	M10 Unattached	28:17.00
5 Parlier, Grant	M11 Unattached	46:48.00
12-15 Results - Men 5000 Run		
1 Vailes, Stuart	M13 Unattached	18:55.00
2 Wills, Zach	M13 Unattached	29:36.00
21-29 Results - Men 5000 Run		
1 Morris, Keith	M27 Unattached	19:32.00
2 Moran, Mark	M22 Unattached	19:50.00
3 Griffin, Keith	M27 Unattached	21:24.00
4 McKenna, Andrew	M27 Unattached	22:02.00
5 Escadek, Marouane	M21 Unattached	22:42.00
6 Dybeck, Eric	M25 Unattached	24:22.00
7 Alpert, Matthew	M24 Unattached	24:23.00
8 Clements, David	M29 Unattached	28:41.00
9 Zampini, Will	M28 Unattached	29:09.00
10 LaForest, Mike	M29 Unattached	29:44.00
11 Church, Benjamin	M27 Unattached	33:31.00
12 Amato, Thomas	M25 Unattached	35:15.00
13 Torrence, Victor	M28 Unattached	51:20.00
30-39 Results - Men 5000 Run		
1 Devault, Micah	M38 Unattached	22:19.00

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2	Clark, Andrew	M31	Unattached	22:50.00
3	Campbell, William	M31	Unattached	22:56.00
4	Jones, Timothy	M37	Unattached	23:49.00
5	Frye, Joshua	M33	Unattached	24:59.00
6	Bender, Daryl	M38	Unattached	25:16.00
7	Craddock, Brian	M30	Unattached	32:10.00
8	Brown, Keith	M34	Unattached	32:18.00
9	Brown, Robert	M39	Unattached	37:59.00
40-49 Results - Men 5000 Run				
1	Sturm, Phil	M49	Unattached	21:54.00
2	Atkins, Jimmy	M46	Unattached	22:05.00
3	Titus, Paul	M44	Unattached	23:08.00
4	Johnson, Will	M40	Unattached	24:18.00
5	Sharp, Jeff	M47	Unattached	24:22.00
6	Kennedy, Karl	M43	Unattached	25:14.00
7	McKellop, Jeffrey	M49	Unattached	25:32.00
8	White, Daniel	M49	Unattached	26:02.00
9	Armstrong, Scotty	M42	Unattached	26:06.00
10	Johnson, Jeffrey	M48	Unattached	26:11.00
11	Cummings, Andy	M48	Unattached	26:15.00
12	Hunsberger, Jeff	M44	Unattached	30:41.00
13	Stone, Scott	M46	Unattached	33:34.00
14	Carter, Kevin	M45	Unattached	35:46.00
15	Jenks, Matt	M43	Unattached	38:24.00
50-59 Results - Men 5000 Run				
1	Clouston, Bob	M52	Unattached	22:47.00
2	Muensterman, Gary	M53	Unattached	25:04.00
3	Hoover, Kevin	M54	Unattached	27:09.00
4	Laser, Eric	M57	Unattached	27:18.00
5	Bower, Bob	M52	Unattached	31:23.00
6	Fisher, Clint	M55	Unattached	33:06.00
7	Ouellette, Brian	M50	Unattached	33:26.00
8	Lunceford, Don	M51	Unattached	35:22.00
9	Hupp, Rische	M59	Unattached	38:07.00
10	Lynch, Rob	M53	Unattached	39:42.00
60+ Results - Men 5000 Run				
1	Budd, Jim	M65	Unattached	22:52.00
2	Watkins, Bill	M66	Unattached	25:51.00
3	Newton, Curtis	M67	Unattached	27:07.00
4	Wilkinson, Tom	M63	Unattached	31:50.00
5	Daggett, David	M61	Unattached	33:51.00
6	Valente, Lou	M60	Unattached	36:24.00