

Autumn Toast 5K - 10/4/2013**Fishersville, VA****Rankings****Event 1 Mixed 5000 Meter Run**

Name	Age	School	Finals
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11 & Under Results - Women 5000 Run			
1 Fosnocht, Elizabeth	W10	Unattached	31:09.00
2 Blackburn, Makayla	W7	Unattached	36:02.00
3 Nargi, Aurora	W7	Unattached	36:02.00
4 Mason, Lauren	W8	Unattached	41:23.00
21-29 Results - Women 5000 Run			
1 Huczko, Valerie	W28	Unattached	24:13.00
2 McGuffin, Chelsea	W26	Unattached	24:42.00
3 Pletcher, Jessica	W26	Unattached	25:27.00
4 Berrang, Kristin	W23	Unattached	26:24.00
5 Wickham, Christine	W29	Unattached	26:44.00
6 Westphal, Stephanie	W27	Unattached	27:02.00
7 Carr, Kristin	W28	Unattached	28:41.00
8 Nix, Alisha	W28	Unattached	29:37.00
9 Banks, Maggie	W23	Unattached	30:56.00
10 Paullin, Lauren	W25	Unattached	30:57.00
11 Horst, Katie	W23	Unattached	31:17.00
12 McInteer, Kelly	W28	Unattached	31:37.00
13 Young, Samantha	W24	Unattached	31:39.00
14 Swanson, Mandalyn	W27	Unattached	31:41.00
15 Watts, Nicole	W29	Unattached	32:58.00
16 Konieczny, Lisa	W28	Unattached	32:58.00
17 Perry, Laura	W27	Unattached	33:43.00
18 Warren, Emily	W26	Unattached	34:45.00
19 Beaver, Maddie	W26	Unattached	34:47.00
20 Ramsey, Summer	W23	Unattached	35:18.00
21 Heflin, Sara	W22	Unattached	36:01.00
22 Yancey, Megan	W26	Unattached	36:14.00
23 Christensen, Courtney	W29	Unattached	36:49.00
24 Cofer, Whitney	W29	Unattached	37:03.00
25 Bruss, Caroline	W23	Unattached	39:06.00
26 Boles, Caitlin	W22	Unattached	40:45.00
27 Neldon, Jane	W26	Unattached	41:42.00
28 Floyd, Chasity	W29	Unattached	43:59.00
29 Hopewell, Lindsey	W29	Unattached	48:17.00
30 Durland, Mary	W29	Unattached	49:19.00
30-39 Results - Women 5000 Run			
1 Southerland, Mary France	W34	Unattached	23:45.00
2 Higgs, Melissa	W36	Unattached	24:22.00
3 Sieber, Tara	W33	Unattached	26:14.00
4 Muterspaugh, Jaclyn	W33	Unattached	26:39.00
5 Abell, Johanna	W38	Unattached	27:09.00
6 Ivey, Loren	W30	Unattached	27:16.00
7 Ikenberry, Katie	W34	Unattached	27:39.00
8 Durso, Tara	W39	Unattached	27:59.00
9 Shuey, Kristie	W38	Unattached	28:00.00
10 Jordan, Sara	W37	Unattached	28:06.00
11 Jeffries, Virginia	W34	Unattached	28:21.00
12 Cranford, April	W35	Unattached	28:40.00
13 Chester, Sabrina	W34	Unattached	29:23.00
14 Maguire, Christi	W31	Unattached	29:34.00
15 Godette, Rebecca	W39	Unattached	29:44.00
16 Hickory, April	W38	Unattached	29:47.00

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17	Rubino, Sara	W37	Unattached	29:48.00
18	Bott, Kathryn	W38	Unattached	30:06.00
19	Edsall, Laurie	W39	Unattached	30:18.00
20	Youngs, Laurie	W31	Unattached	31:41.00
21	Perry, Kristen	W32	Unattached	32:01.00
22	Williams, Laura	W36	Unattached	32:21.00
23	Tysinger, Mary Beth	W36	Unattached	32:35.00
24	Tucker, Jillian	W32	Unattached	32:57.00
25	Brown, Sarah	W38	Unattached	32:59.00
26	Weldon, Sarah	W33	Unattached	33:01.00
27	Kielty, Michele	W39	Unattached	33:22.00
28	Kite, Paige	W35	Unattached	34:42.00
29	Nitzsche, Camille	W39	Unattached	35:04.00
30	Fierro, Kristin	W32	Unattached	35:43.00
31	Zechman, Andrea	W38	Unattached	36:51.00
32	Grimm, Jennifer	W35	Unattached	36:58.00
33	Manning, Mary	W34	Unattached	37:45.00
34	Johnson, Tammy	W34	Unattached	37:56.00
35	Gowe, Ramona	W38	Unattached	37:57.00
36	Baughner, Erin	W33	Unattached	38:41.00
37	Gerken, Nicole	W35	Unattached	38:41.00
38	Cox, Emily	W36	Unattached	39:39.00
39	Coffey, Jody	W30	Unattached	39:42.00
40	Mason, Anderea	W37	Unattached	41:57.00
41	Vogelsong, Karen	W37	Unattached	43:32.00
42	Newman, Misty	W35	Unattached	45:17.00
43	Davidson, Robin	W32	Unattached	47:53.00
44	Charback, Jenny	W35	Unattached	48:11.00
45	Rosser, Jessica	W31	Unattached	48:12.00
46	Lambert, Kristin	W33	Unattached	49:43.00
47	Hupp, Rachel	W33	Unattached	49:44.00
48	Riso, Valentina	W30	Unattached	53:05.00
49	Cambriani, Laura	W39	Unattached	57:52.00
50	Cangiano, Laura	W37	Unattached	57:52.00
51	Holsinger, Sarah	W32	Unattached	58:00.00
40-49 Results - Women 5000 Run				
1	Young, Karen	W45	Unattached	24:26.00
2	Fields, Mia	W48	Unattached	24:30.00
3	Gilligan, Tammy	W45	Unattached	25:15.00
4	Wills, Mary	W46	Unattached	25:33.00
5	Brandt, Kristen	W40	Unattached	27:16.00
6	Flavin, Janet	W48	Unattached	28:36.00
7	Dutt, Leslie	W46	Unattached	30:58.00
8	Tipler, Deana	W45	Unattached	31:36.00
9	Moats, Angela	W45	Unattached	31:43.00
10	Merritt, Lesley	W46	Unattached	33:17.00
11	Myers, Emilie	W46	Unattached	33:20.00
12	Rule, Pam	W48	Unattached	33:24.00
13	DeVries, Ginny	W43	Unattached	34:32.00
14	Kelley, Shay	W43	Unattached	35:05.00
15	Campbell, Lianne	W45	Unattached	35:13.00
16	Nargi, Rose	W41	Unattached	36:02.00
17	Eagle, Diane	W47	Unattached	36:20.00
18	Kennedy, Connie	W43	Unattached	36:35.00
19	Sherwood, Juli	W45	Unattached	36:50.00

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20	Lunceford, Christina	W43	Unattached	37:14.00
21	Napier, Kimberly	W42	Unattached	37:45.00
22	Hebron, Virginia	W41	Unattached	37:57.00
23	Choate, Crystal	W46	Unattached	38:42.00
24	Albert, Mary	W48	Unattached	39:36.00
25	Risch Mott, Karen	W48	Unattached	39:39.00
26	Via, Ginger	W41	Unattached	39:44.00
27	Blackburn, Monika	W45	Unattached	39:51.00
28	Lehmbeck, Jane	W49	Unattached	40:24.00
29	Kiser, Robin	W41	Unattached	40:59.00
30	Edsall, Teresa	W49	Unattached	41:56.00
31	Walter, Wendy	W41	Unattached	43:26.00
32	Wolf, Jacqueline	W48	Unattached	43:33.00
33	Hawkins, Bridgette	W41	Unattached	43:33.00
34	Londeree, Kelly	W41	Unattached	43:34.00
35	Dinsmore, Jacqueline	W42	Unattached	43:54.00
36	Carper, Jennifer	W40	Unattached	46:40.00
37	Kinnunen, Lisa	W42	Unattached	47:53.00
38	Schmidt, Eileen	W41	Unattached	58:01.00
50-59 Results - Women 5000 Run				
1	Fosnocht, Diane	W52	Unattached	27:33.00
2	Krzastek, Susan	W57	Unattached	27:57.00
3	Laird, Joani	W51	Unattached	33:48.00
4	Berrang, Kathy	W54	Unattached	34:10.00
5	Gano, Susan	W54	Unattached	34:36.00
6	Brown, Debbie	W58	Unattached	34:53.00
7	Keefer, Jennie	W55	Unattached	37:49.00
8	Boles, Lori	W56	Unattached	45:00.00
60+ Results - Women 5000 Run				
1	Budd, Ginny	W62	Unattached	36:01.00
2	Holsinger, Susie	W60	Unattached	57:59.00
11 & Under Results - Men 5000 Run				
1	Fosnocht, Henry	M10	Unattached	24:22.00
2	Dutt, Jared	M11	Unattached	25:43.00
3	Dutt, Kyle	M9	Unattached	30:53.00
12-15 Results - Men 5000 Run				
1	Vailes, Stuart	M12	Unattached	19:17.00
2	Snyder, Tate	M12	Unattached	20:24.00
3	Williams, Brandon	M12	Unattached	25:32.00
4	Wills, Zachary	M12	Unattached	30:26.00
21-29 Results - Men 5000 Run				
1	Brunkow, Jamie	M28	Unattached	22:47.00
2	Ferguson, Paul	M22	Unattached	23:09.00
3	Krzastek, Ryan	M28	Unattached	24:34.00
4	Swanson, Hunter	M27	Unattached	24:47.00
5	Westphal, David	M28	Unattached	27:02.00
6	Shepherd, Hannah	M25	Unattached	28:19.00
7	Horst, John	M23	Unattached	31:16.00
8	Yancey, Spencer	M28	Unattached	36:23.00
30-39 Results - Men 5000 Run				
1	Krzastek, Scott	M31	Unattached	23:19.00
2	Bogdadi, Daniel	M38	Unattached	24:53.00
3	McDonald, Gregory	M30	Unattached	25:13.00
4	Mason, Luke	M37	Unattached	25:16.00
5	Gowe, Ivan	M33	Unattached	25:24.00

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6 Tucker, Lowrie	M35	Unattached	27:43.00
7 Edwards, Dennis	M38	Unattached	28:46.00
8 Maguire, Tate	M34	Unattached	30:32.00
9 Higgs, Brent	M36	Unattached	30:44.00
10 Hamblin, Milton	M35	Unattached	32:45.00
11 Tkac, John	M32	Unattached	33:26.00
12 Schnitzhofer, James	M37	Unattached	35:43.00
13 Nix, Kenneth	M30	Unattached	44:39.00
40-49 Results - Men 5000 Run			
1 Gilligan, Jeff	M46	Unattached	21:27.00
2 Fosnocht, Dave	M49	Unattached	22:10.00
3 Kennedy, Karl	M42	Unattached	24:43.00
4 Kennedy, Philip	M41	Unattached	26:00.00
5 Brandt, Todd	M40	Unattached	27:19.00
6 Ivey, Chuck	M41	Unattached	32:26.00
7 Rexrode, David	M48	Unattached	37:58.00
8 Albert, John	M47	Unattached	39:34.00
50-59 Results - Men 5000 Run			
1 Stahr, Bill	M52	Unattached	21:55.00
2 Muensterman, Gary	M52	Unattached	25:00.00
3 Lehmbek, Chris	M51	Unattached	28:58.00
4 Beattie, Tom	M52	Unattached	29:32.00
5 Hupp, Rische	M58	Unattached	32:22.00
6 Lunceford, Don	M50	Unattached	37:15.00
60+ Results - Men 5000 Run			
1 Budd, Jim	M64	Unattached	23:50.00
2 Noffsinger, Lee	M62	Unattached	25:56.00
3 Kieffer, Tom	M68	Unattached	25:59.00
4 Keefer, Clarence	M60	Unattached	31:33.00
5 Wilkinson, Tom	M62	Unattached	34:33.00
6 Holsinger, Jamie	M60	Unattached	58:02.00